



VASANTIBEN AND CHANDUBHAI PATEL ENGLISH SCHOOL

Food Menu

July - 2024

Class – KG to X

Date	Day	Menu	Jain/Swaminarayan
01-07-24	Monday	Chole, Roti, Dal fry, Jeera Rice, Salad	Chole, Roti, Dal fry, Jeera Rice, Salad
02-07-24	Tuesday	Pav-Bhaji, Veg pulav, Buttermilk	Pav-Bhaji, Veg pulav, Buttermilk
03-07-24	Wednesday	Tindora-Potato Sabji, Roti, Moong, Rice, Salad	Tindora, Sabji, Roti, Moong, Rice, Salad
04-07-24	Thursday	Vaghareli Khichdi, Sev-tomato sabji, Roti, Buttermilk	Vaghareli Khichdi, Sev-tomato sabji, Roti, Buttermilk
<b>05-07-24</b>	<b>Friday</b>	<b>Suki bhaji, Roti, Dal-Rice, Salad, Mango Ras, Papdi</b>	<b>Beans, Roti, Dal-Rice, Salad, Mango Ras, Papdi</b>
06-07-24	Saturday	Cabbage Potato sabji, Dal, Rice, Roti, Boondi raita	Cabbage sabji, Dal, Rice, Roti, Boondi raita
<b>07-07-24</b>	<b>Sunday</b>	-----	-----
08-07-24	Monday	Dudhi -Chana sabji, Roti, Dal-Rice, Buttermilk	Dudhi -Chana sabji, Roti, Dal-Rice, Buttermilk
09-07-24	Tuesday	Onion-Potato-Tomato sabji, Roti, Gujarati Kadhi, Khichdi, Salad	Sev-Tomato sabji, Roti, Gujarati Kadhi, Khichdi, Salad
10-07-24	Wednesday	Roti, Paneer Masala sabji, Dal fry, Jeera Rice, Cucumber raita	Roti, Paneer Masala sabji, Dal Fry, Jeera Rice, Cucumber raita
11-07-24	Thursday	Bhindi Potato sabji, Dal, Rice, Roti, buttermilk	Bhindi sabji, Dal, Rice, Roti, buttermilk
12-07-24	Friday	Moong, Rice, Tindora -Potato sabji, Roti, Salad	Moong, Rice, Tindora sabji, Roti, Salad
<b>13-07-24</b>	<b>Saturday</b>	<b>Holiday</b> -----	-----
<b>14-07-24</b>	<b>Sunday</b>	-----	-----
15-07-24	Monday	Desi Chora, Dal-Fry, Jeera rice, Roti, Butter-milk	Desi Chora, Dal-Fry, Jeera rice, Roti, Butter-milk
16-07-24	Tuesday	Cabbage-Potato Sabji, Roti, Dal-Rice, Buttermilk	Cabbage Sabji, Roti, Dal-Rice, Buttermilk
<b>17-07-24</b>	<b>Wednesday</b>	<b>Holiday – Muharram - Ashura</b>	-----
<b>18-07-24</b>	<b>Thursday</b>	<b>Burfi, Puri, Brinjal Tomato Potato Sabji, Dal-Rice, Papadi</b>	<b>Burfi, Puri- Desi Chana Sabji-Roti, Dal-Rice, Papadi</b>
19-07-24	Friday	Sadi Khichdi-Kadhi, Brinjal-Tomato -Potato sabji, Roti, Salad	Sadi Khichdi-Kadhi, Beans, Roti, Salad
20-07-24	Saturday	Mug Pulav, Boondi Raita	Mug Pulav, Boondi Raita
<b>21-07-24</b>	<b>Sunday</b>	-----	-----
22-07-24	Monday	Sev Usal, Bun, Banana	Sev Usal, Bun, Banana
23-07-24	Tuesday	Pavbhaji, Vegetable pulav, butter-milk	Pavbhaji, Vegetable pulav, butter-milk
24-07-24	Wednesday	Vaghareli Khichdi, Buttermilk, Papdi	Vaghareli Khichdi, Buttermilk, Papdi
25-07-24	Thursday	Mug pulav, Buttermilk, Papdi	Mug pulav, Buttermilk, Papdi
26-07-24	Friday	Chinese Fried Rice, Banana	Chinese Fried Rice, Banana

27-07-24	Saturday	Idla,Chutney, Banana	Idla,Chutney, Banana
<b>28-07-24</b>	<b>Sunday</b>	-----	-----
29-07-24	Monday	Chana ,Roti, Dal-Rice, Buttermilk	Chana, Roti, Dal-Rice, Buttermilk
30-07-24	Tuesday	Dum Aloo sabji, Roti, Dalfry, Jeera rice, Vegetable Raita	Mug, Roti, Salad, Jeera rice, Vegetable Raita
31-07-24	Wednesday	Chole, Roti, Dal fry, Jeera Rice, Salad	Chole, Roti, Dal fry, Jeera Rice, Salad

**FOR GIRLS OBSERVING FAST FOR GAURI VRAT/ JAYA PARVATI VRAT**  
**Venue for Girls: Old dinning area – Pre school Section**

18-07-24	Thursday	Plain Banana wafer (without salt), Singdana Ladoo, Banana
19-07-24	Friday	Plain Banana wafer (without salt), Kopra Pak, Banana
20-07-24	Saturday	Plain Banana wafer (without salt), Faradi Biscuit,Mango Ras
<b>21-07-24</b>	<b>Sunday</b>	-----
22-07-24	Monday	Plain Banana wafer (without salt), Mava Burfi, Banana
23-07-24	Tuesday	Plain Banana wafer (without salt),Kopra Pak, Banana

**\*Note-** We might sometimes bring about changes in menu on account of unavoidable circumstances.

Kitchen In charge

Principal